



classroom activity - me and others



Network of connections

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|-------------|--|
| AGE | 3–6 years old |
| VALUES | diversity |
| MATERIALS | Ball of wool or different balls with different colors |
| TIME | 20 - 30 minutes |
| GROUP SIZE | up to 10 children |
| OBJECTIVES | <ul style="list-style-type: none">• Recognizing differences and commonalities between each other• Strengthening a sense of belonging• Realizing connectedness between each other |
| METHODOLOGY | game |
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STEP BY STEP IMPLEMENTATION

Step 1)

The facilitator lets the children stand or sit in a circle. A child starts and tells something they like, for example something to eat, a toy, a hobby or something similar.

Step 2)

All children who also like this thing, raise their arm and thread is thrown to them one after another. They hold on to the thread and through the ball of wool to the next child that raised its arm. The thread can be put on the floor as well or be drawn with chalk if played outdoors. Here also different colors can be used to emphasize diversity.

Step 3)

Every child gets to say once what it likes.

Step 4)

At the end, the children look at the net, that was created by themselves and realize how much they have in common, even though everybody is different from the other.

Note: for adults there is video from the Danish TV called „All that we share“, which also advertises unity in diversity. It might inspire similar ideas of showing the connectedness in diversity among people.

<https://www.youtube.com/watch?v=jD8tjhVO1Tc>

CRITICAL ASSESSMENT

| OBSERVED BEHAVIOR | YES | NO | COMMENTS |
|---|-----|----|----------|
| Children acknowledge that they are different from each other. | | | |
| Children realize that there are many connections between them. | | | |
| Children take active part in the game and mentioned different things they like. | | | |

If we wish to ensure everyone's peace and happiness we need to cultivate a healthy respect for the diversity of our peoples and cultures, founded on an understanding of this fundamental sameness of all human beings.
- Dalai Lama

Teachers' Selfcare tips and hints:



When you are feeling anxious or stressed, try naming what you are feeling. This helps your stress response to calm down. By saying out loud, or to yourself, the negative emotion you are feeling while you are experiencing it, you create a little distance between it and your reaction. It gives your rational thinking mind a chance to take over from the emotional part of your brain. That creates a space in which you can choose how to respond instead.