



classroom activity - self value

Knowing how to wait: Who arrives first to the pennant



AGE	3 – 6 years old
VALUES	patience
MATERIALS	pennant (or similar)
TIME	30 minutes
GROUP SIZE	up to 20 children
OBJECTIVES	<ul style="list-style-type: none">• It is a game of movements. Through it, the children learn to wait for their turn and whoever does not wait for it will be out of the game.• To learn to wait for their turn.• To follow the motions of the game
METHODOLOGY	play activities, conversation (socratic dialogue)
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STEP BY STEP IMPLEMENTATION

Step 1)

Organization:

The children will be divided into teams (each team can have up to 10 children). The teams will form queues, and will stand behind a line on the floor used as starting point. In front of each line and 6 meters away, there will be a few pennants.

Development:

Following the facilitator's command, the first child of each queue will walk, with wide and quick steps, without running, trying to reach the pennant first; whoever reaches it first will get the pennant and will return walking the same way. Then the child will touch his/her friend to let him/her start, and will put the pennant in a base with the team's color. Finally, s/he will go to the end of the queue to wait for his/her turn again.

Rules of the game:

Each child can go for the pennant as many times as possible within a 10-minute period, without running and waiting for his/her turn (when his/her friend touches him/her to let her/him start).

The team that collects more pennants wins.

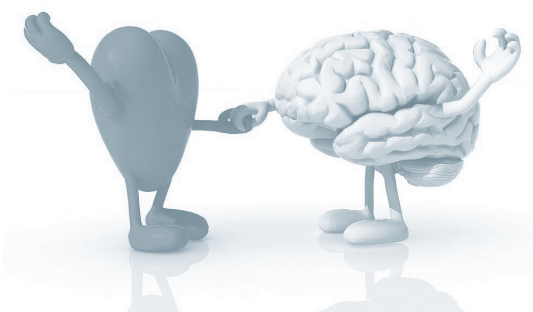
If a child runs, s/he will be out of the game and his/her team will have one player less.

If the child starts walking without being touched by her/his friend, s/he will be out of the game.

CRITICAL ASSESSMENT

OBSERVED BEHAVIOR	YES	NO	COMMENTS
Children followed the rules of the game.			
Children needed help to follow the rules of the game.			
There were times when they got excited and could not wait for their turn.			
Children expressed, in some comments, the need for waiting and being patient.			

Our patience will achieve more than our force. - Edmund Burke



Teachers' Selfcare tips and hints:

Sometimes, it just takes a moment of tuning into your body, thinking about how you're feeling, to help you re-center. Don't hesitate to take a lunch break, though, or go outside for a 15-minute refresher.